

Personal Development



Self-knowledge

Personal development
begins with a different
view of oneself



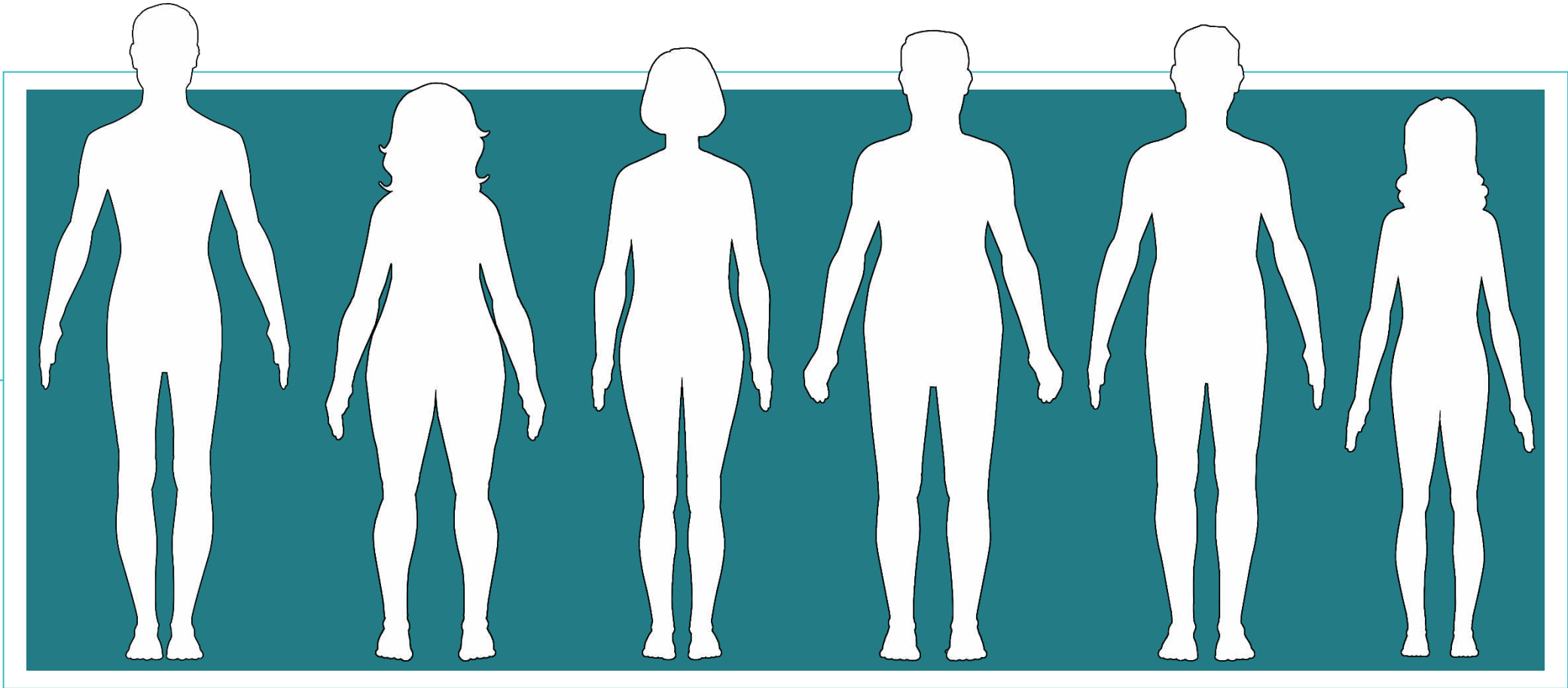
Personality as a whole



Each person has a
unique identity

(Your whole personality combines
different factors)

Physical constitution type



It is necessary to know the gift of genetics



Feeling good

Temperament

Behavior

Feeling accepted



Personal development

A black and white photograph of a person riding a bicycle on a paved road that winds through a hilly, open landscape. The sky is filled with scattered clouds. The overall mood is one of perseverance and journey.

There is a way

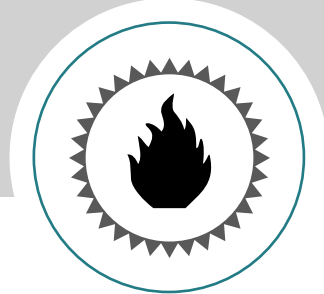
Personality Identifiers

Physical Constitution Type



- Image and Area
- Health
- Diet
- Physical Performance

Temperament



- Description
- Manage and take
- Energy
- Vocational

Behavior



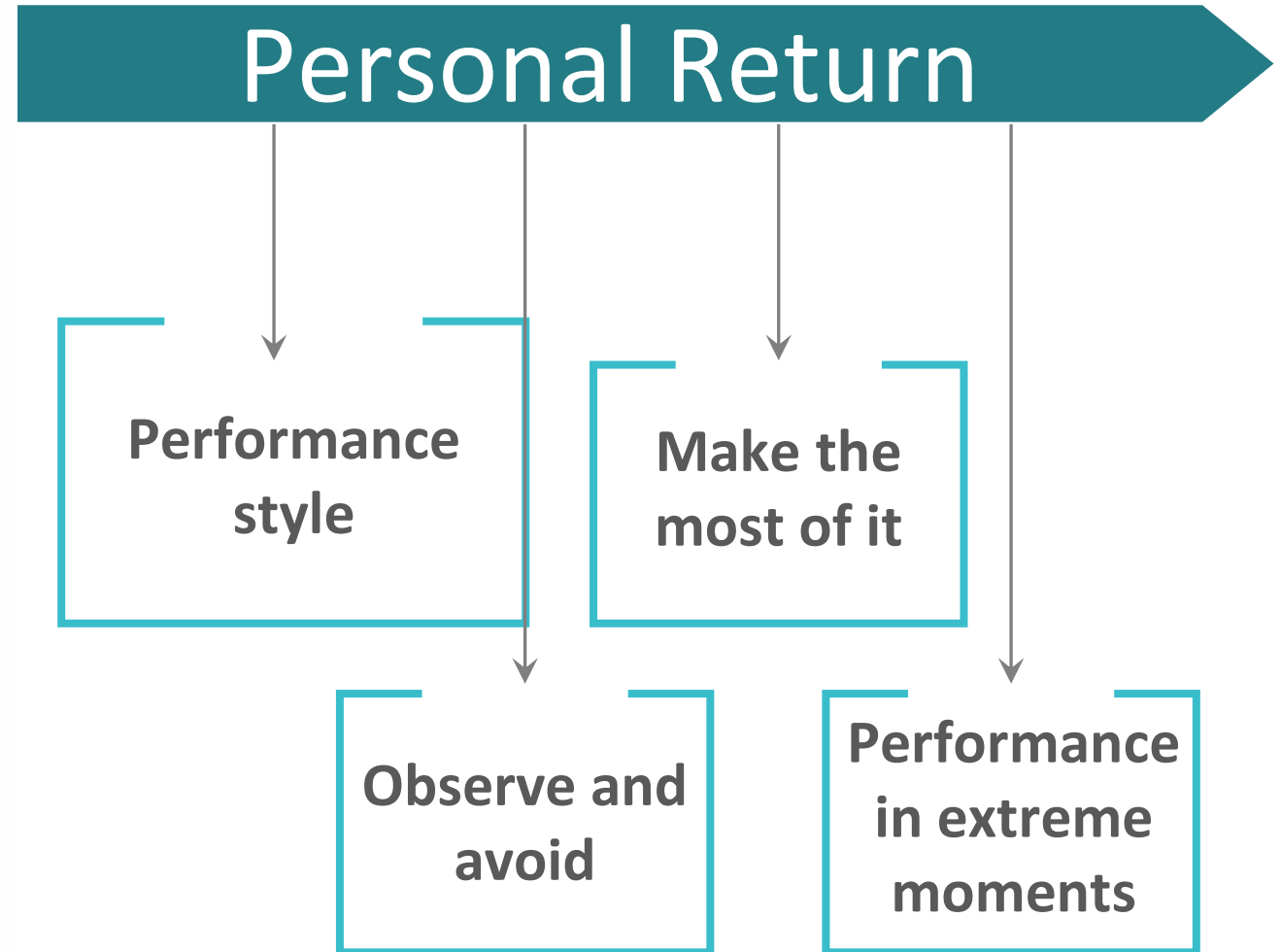
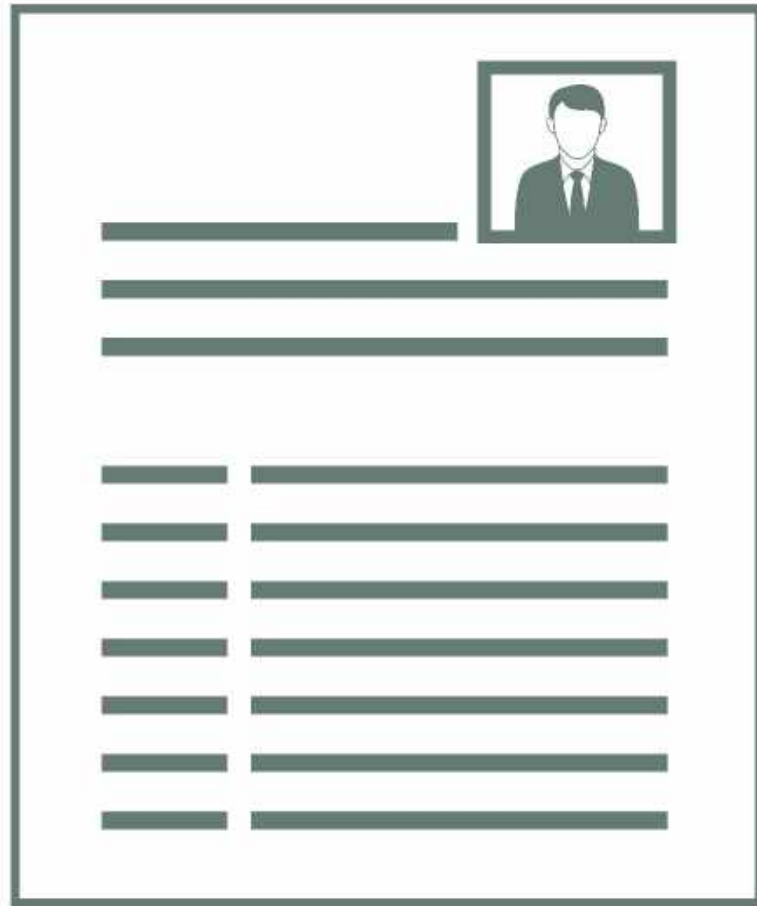
- Behavioral Groups
- Manage and taking advantage
- Areas of contribution
- Motivations

Indicators

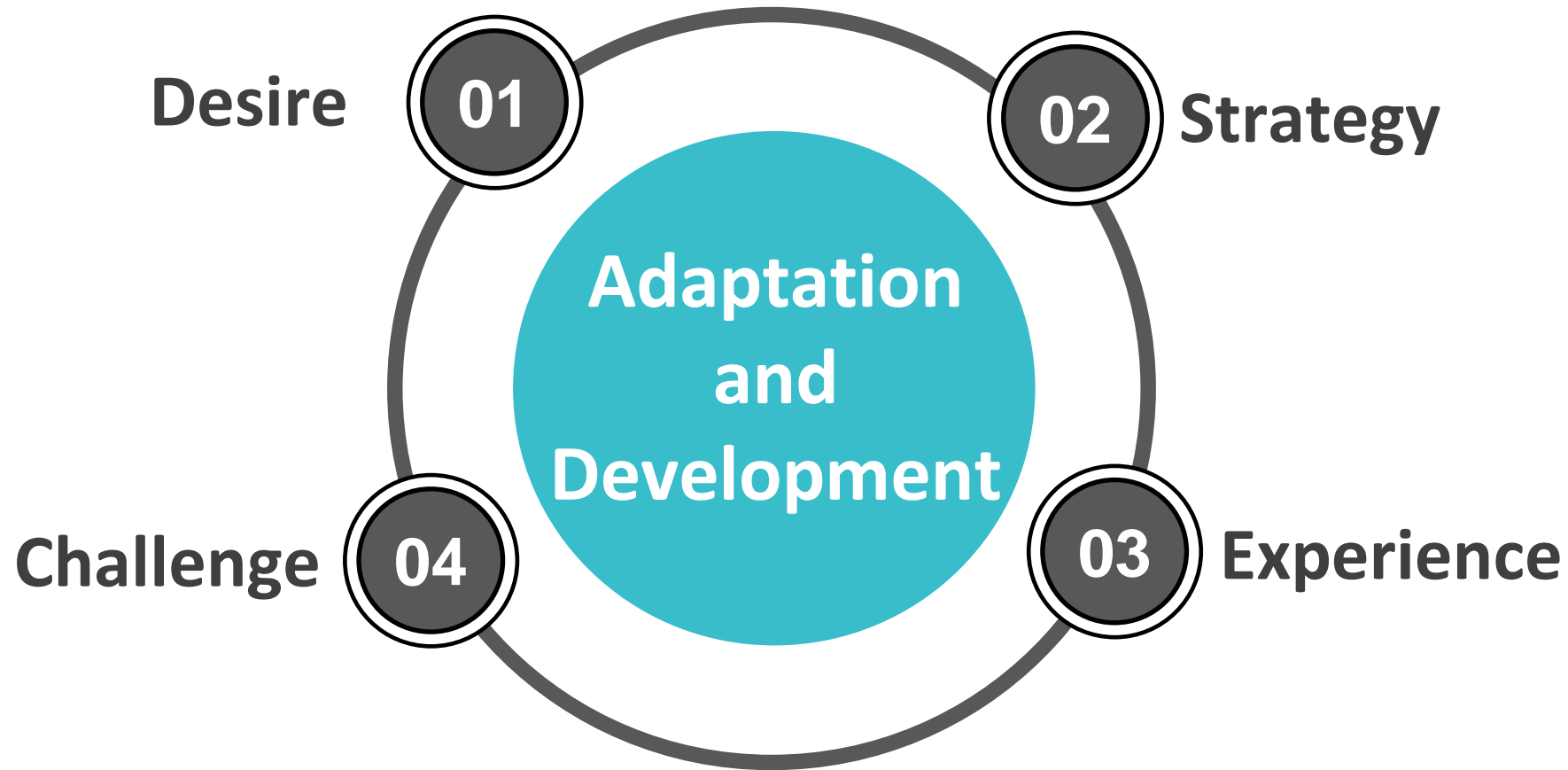


- Potential
- Adaptation
- Adaptation x Potential
- Motivation and Connection
- Self Management

Personality Description

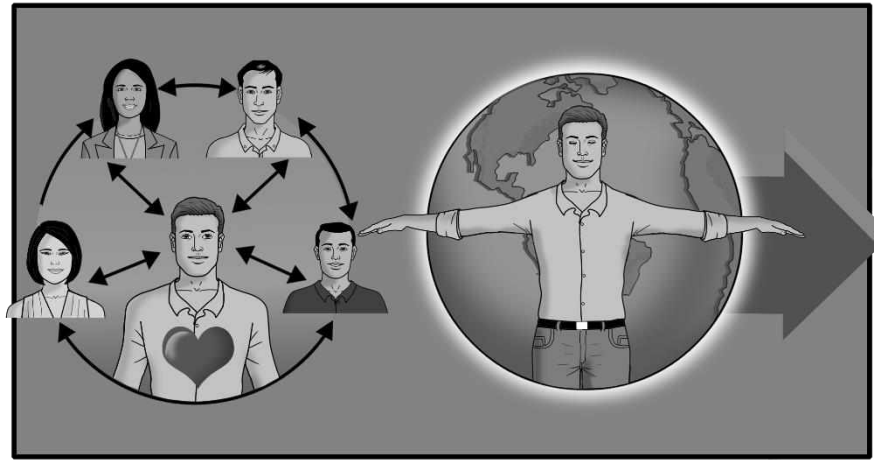


Basic Behavioral Dynamics



Note: This content it's part of APOGEO Essential Formation

Illustrated Behavioral Dynamics



Note: This content it's part of APOGEO Essential Formation

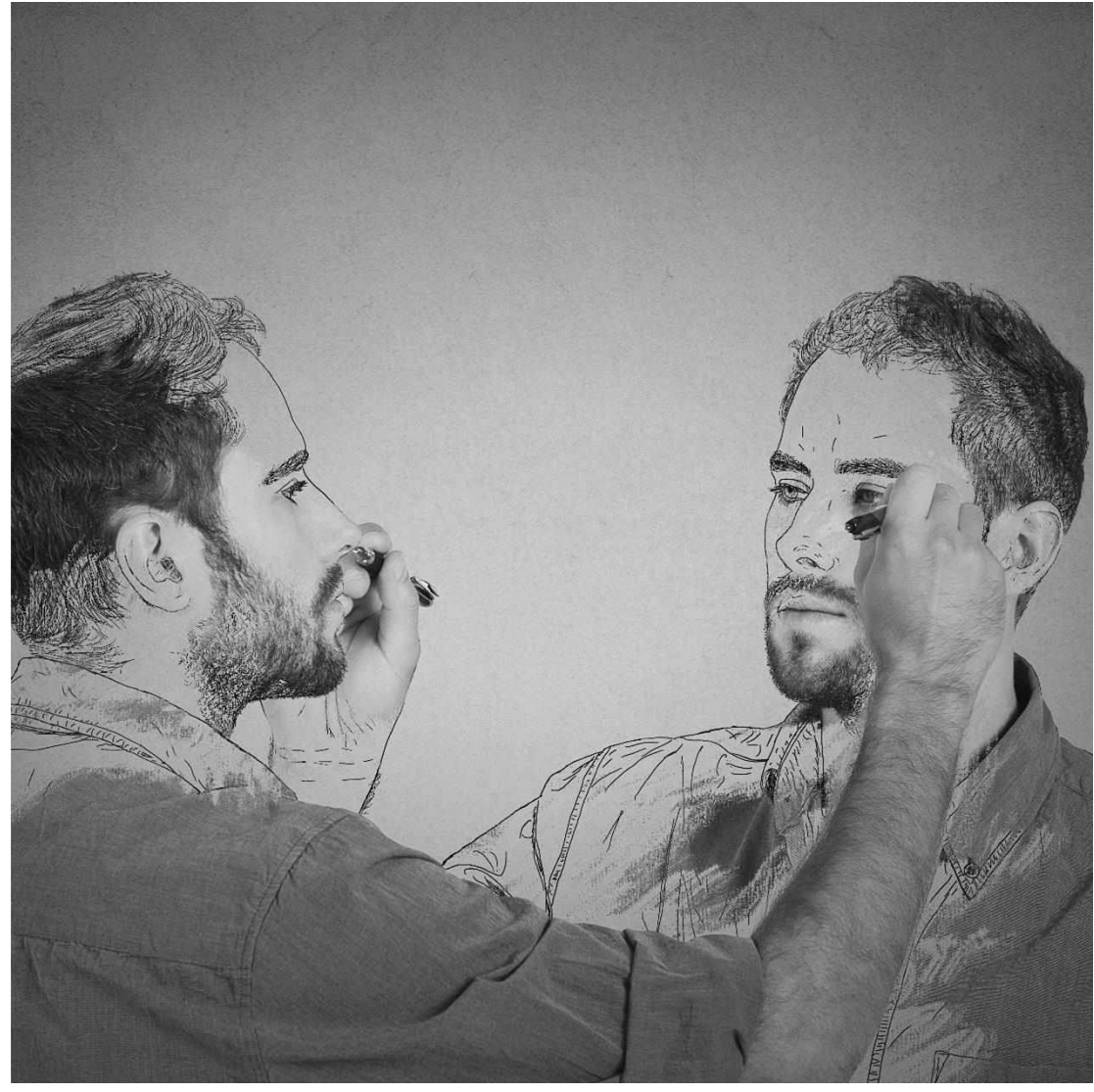
For the therapist

- 01** Integration and Disintegration
- 02** Characterization of the psychological profile
- 03** Developmental Aspects
- 04** Benefits of the process
- 05** Therapy's Central Theme
- 06** Therapy's moments
- 07** Therapist's Standpoint
- 08** Therapist/client Relationship

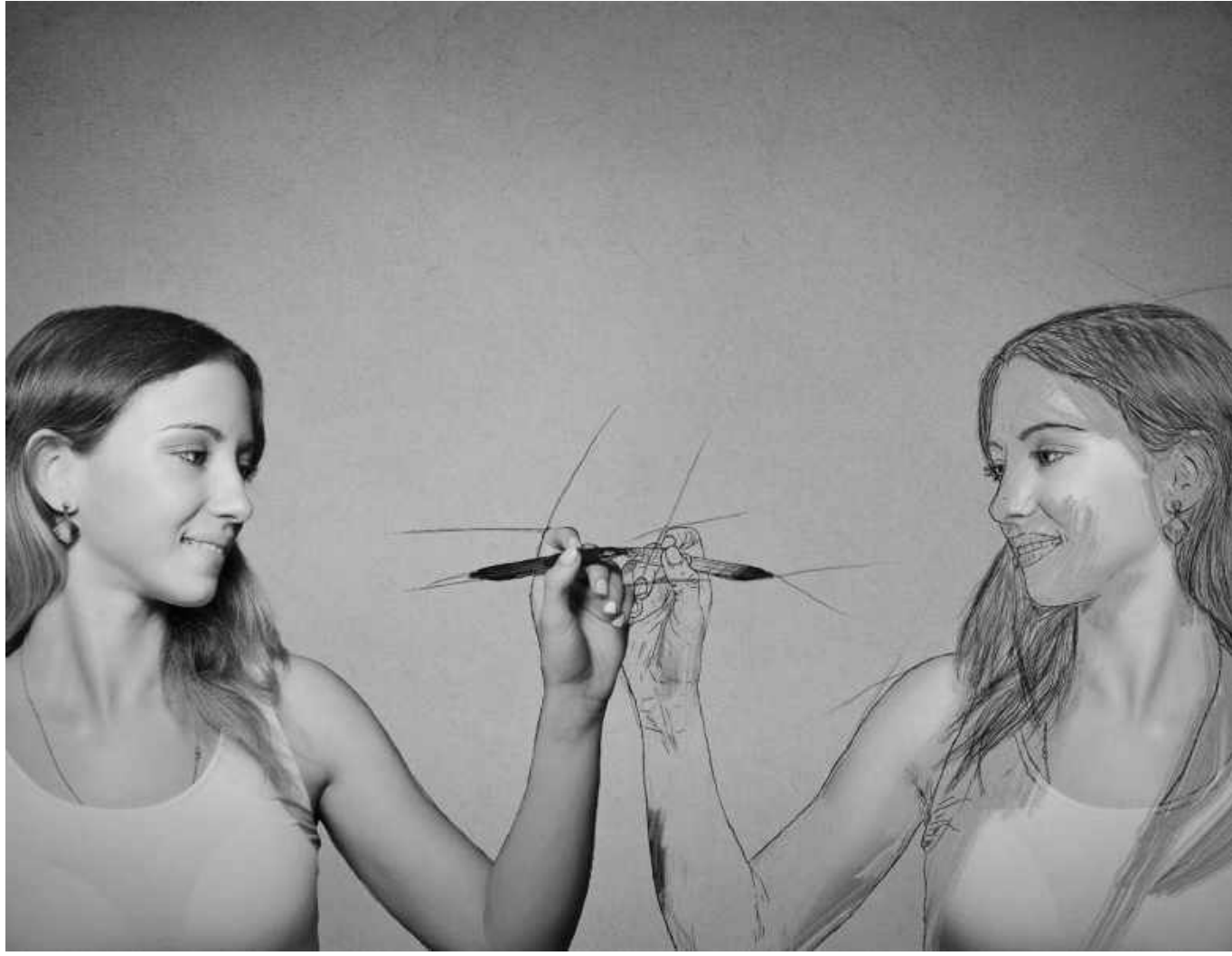
Note: This content it's part of APOGEO Personal Formation



APOGEO
Inteligência Comportamental Integral



How to succeed



How to reach
happiness



APOGEO

Inteligência Comportamental Integral



Everyone matters